

Prasanta Chandra Mahalanobis Mahavidyalaya



(Accredited by NAAC)

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State level seminar on ‘Music as a therapy on Disease and Depression’

Date: 27.09.19

Time: 2 p.m – 4 p.m

Venue: Room NO. 15

Number of Participants: 140

Resource Person: Mrs. Prakriti Dutta, eminent music artist, mime mentor and music therapist

Mrs. Rajyasree Bandyopadhyay, eminent singer and music therapist

Organizing Committee: Organized by Cultural Subcommittee and Internal Quality Assurance Cell

Brief Report: Music is playing a leading role in most clinics for mental and physical disorders, complex neurological diseases, relief of depression etc. Keeping these benefits of music in mind and to inculcate the interest of the young students in music, the Internal Quality Assurance Cell of Prashant Chandra Mahalanobis Mahavidyalaya organized a Music Therapy Workshop on 27th September 2019. Eminent vocal artist and music therapists were invited.

Eminent music artist, mime mentor and music therapist Mrs. Prakriti Dutta explained to the students in detail how to increase and attract the attention of patients and general public through the use of various metal objects and musical instruments.

In the case of treating complex diseases, how Mrs. Dutta and their team gradually develop the mental and physical health of the patients in their organization, explain the events through PPT with pictures and statements. The sweetness of her voice became catching for students and teachers.

Eminent singer and music therapist Mrs. Rajyasree Bandyopadhyay demonstrated the benefits of music to the students through theory and singing. Her discussion also became very interesting.

The participation and interest of students and teachers in this workshop from noon to almost evening was remarkable.



Banner



Mrs. Rajyasree Bandyopadhyay

Karmakar

Dr. Shyamal Karmakar, Principal

