

Prasanta Chandra Mahalanobis Mahavidyalaya



(Accredited by NAAC)

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Invited Lecture on Childhood Depression organized by Department of Human Development

Date: 26.11.2020

Time: 11 a.m- 12 noon

Venue: Virtual Mode (Google Meet)

Number of Participants: 34 (Including Teachers, Students, All Faculties)

Name and Designation of Resource Person(s): Dr. Phalguni Bhattacharya, Assistant Professor at Dum Dum Motijheel College

Organizing Committee: Department of Human Development and IQAC.

Brief Report: The welcome address and brief introduction of the Speaker was conducted by our respected Principal Sir Dr. Shyamal Karmakar. we started the session.

Dr. Bhattacharya began the session by approaching the students in an interactive manner. Her lecture on childhood depression covered all the major areas from introduction of the topic to symptoms, causes and remedies for the disorder. The entire lecture programme covered some real-life incidents, examples which highly enlightened the students and made the programme interesting for them (reflected from student feedback). During her lecture, Dr. Bhattacharya mainly focused on parental attitudes and behaviour towards their children and how to rectify them with relevance to the present pandemic situation. This programme had been very much beneficial for the students. Since the topic had been part of their syllabus therefore their interaction was very active.

The lecture programme was followed by Valedictory Session where Dr. Bhattacharya cleared all the doubts and queries of the students and from an overall perspective it had enriched the knowledge of the students regarding childhood depression.

After the Valedictory Session the vote of thanks was given by Dr. Kamala Mitra (IQAC Co-Ordinator) and shared the pleasing experience of having a speaker like her.

The benefits of such lectures are as follows:

- Impact of parental attitudes and behaviour of them towards their children is highly significant.
- Real life examples shared helped the participants to grasp the problem in an easier way.
- Symptoms, causes and remedies for childhood depression were discussed, which enables the students to understand whether it is happening with them or not.

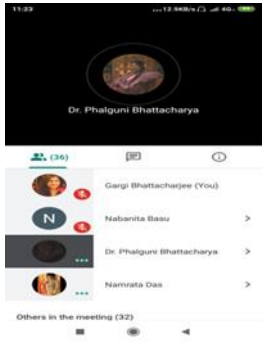


Photo of attendees



Photo Of Speaker

A handwritten signature in black ink that reads 'Dr. Shyamal Karmakar'.

**Dr. Shyamal Karmakar
Principal**