Prasanta Chandra Mahalanobis Mahavidyalaya



(Accredited by NAAC)

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A State Level Seminar on Challenges of Interpersonal Relationship

Date: 10.10.2018 Time: 2 pm - 3 pm

Venue: Seminar Hall, Room no 15, College Premises

Number of Participants: 72

Name and Designation of Resource Person(s): Dr. Soumitra Basu, Professor of Philosophy, Jadavpur

University Kolkata

Organizing Committee: Department of Philosophy and IQAC.

Brief Report: This seminar related to Relationship and break up was held in our college by the department of philosophy. The speaker was Professor Dr. Soumitra Basu of the department of Philosophy, Jadavpur University Kolkata. Such seminars are always relevant for both students and teachers. This seminar was no exception. First of all, the speaker tried to present the notion of what we mean by 'Relationship'. He created a clear picture of what it meant socially and philosophically. There are some philosophical layers behind all the successful interactions, as well as relationships we see socially. There are various types of emotional conflicts and confirmations associated with any relationship. Human relationships develop and survive based on trust, dependence, need, choice, inner-outer fulfillment. This includes a two-pronged commitment approach that is often desirable to be unconditional. Maximum time it is not unconditional though. Roughly, speaking from the discussion of the day, it emerged that we can divide the concept of relationship into three categories- viz., blood relationship, marital relationship and others. Other relationship refer to when a relationship is formed around various external needs. In any kind of relationship, there is an emotional need and conflict between every human. All human beings seek fulfillment in all their relationships and for this they have to give something, both materially and emotionally. That is, no relation to psychological fulfillment exists in reality.

A break up means no longer in a relationship. That means getting out of that relationship. In that case, we may withdraw physically and emotionally from any relationship that has been created. And when a relationship is started with certain expectations, if it doesn't work later on, people lose interest and move away from it. Needless to say, an excellent speech created a lot of interest among the students. It concludes with a question- answer session.

