Prasanta Chandra Mahalanobis Mahavidyalaya (Accredited by NAAC)

111/3, B.T. Road (Bon-Hooghly), Kolkata – 700108 Phone: 8697169513

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One day Seminar on "PSYCHOLOGICAL WELL-BEING IN STUDENT'S LIFE"

Date: 08.04.19 **Time**: 2 p.m – 4 p.m

Venue: Room NO. 15

Number of Participants: 68

Resource Person: Prof. (Dr.) Susmita Neogi, Head of the Department of Home Science,

University of Calcutta

Organizing Committee: Organized by Department of Human Development and Internal Quality

Assurance Cell

Brief Report: A one day seminar on "Psychological well-being in student's life" has been conducted on 08th April, 2019 at Prasanta Chandra Mahalanobis Mahavidyalaya College, 111/3, B.T. Road, Bonhoogly, Kolkata 700108, to aware some general information about the common psychological problems of college students and also discussed how they cope up with their problems.

Prof. (Dr.) Susmita Neogi, Head Of the Department of Home Science, University of Calcutta who was Chief Guest and also delivered invitee lectures. She spoke on the theories of Well-being and also the psychological problems effect on well-being. She also discussed the solutions of such problems.

Some students expressed their problems with us and also asking the solution or how to cope up with their problems.



Speech of the Resource Person and Principal



Some photographs of the seminar





Dr.Shyamal Karmakar, Principal