



**"CHARUKOLA CHORCHA": VALUE ADDED COURSE ON PERFORMING ARTS: BHARATNATYAM**  
INTRODUCED BY  
DEPARTMENT OF BENGALI, CULTURAL AFFAIRS SUBCOMMITTEE AND IQAC OF  
PRASANTA CHANDRA MAHALANOBIS MAHAVIDYALAYA

# Resource Person:



MS RITWIKHA GHOSH  
Bharatnatyam  
Exponent



**COURSE COMMENCING FROM: 02/12/2022**

**DURATION: 30 Hours**

**TIME: 2.30-4.30 P.M.**

**EXACT DATES OF CLASSES WILL BE  
NOTIFIED**

**All students are being encouraged to apply!**

# Syllabus

- Dance Steps (Adavu's): Tattadavu ,Natadavu ,Kattadavu ,Natu kattadavu, Paraval Adavu, Mettadavu ,Mandi Adavu , Hegaru Mettadavu
- Prayer and slokas.
- Bhumipranam.
- Pushpanjali.
- Ganesha Vandana.
- Theory: Single hand gestures (Asamyuktha Hastha) , Double hand gestures (Samyuktha hastha)
- Navarasa.
- Prayer.
- Abhinaya (Expressions): Students will learn different type of facial expressions required for the learnt dances.

