Prasanta Chandra Mahalanobis Mahavidyalaya

Lesson Plan- 2021-22

Semester II Honors. & Programme Course

Name of the Department: COMPUTER SCIENCE

Period	Hons/ Programme Course	Paper Name and Paper Code	Topics	Methods and materials	Methods of Evaluation	Number of classes	Name of the Teacher
						allotted in hours	assigned
March- April	Hons.	03T CMSACOR03T	Introduction to Java Arrays, Strings and I/O	offline	Internal Assesment	30	SS
		04T CMSACOR04T	Graph Theory Sets	offline	Internal Assesment	30	SD
	Programme Course	CMSGCOR02T	Introduction to DBMS Entity Relationship Modelling Relational Data Model	offline	Internal Assesment	20 20	SD DC
		CMSGCOR02P		offline	Internal Assesment	30	SD
May- June	Hons.	03T CMSACOR03T	Object- oriented Programming Inheritance Exception Handling	offline	Internal Assesment	20	SS
		04T CMSACOR04T	Growth of Functions Recurrences	offline	Internal Assesment	20	SD
	Programme Course	CMSGCOR02T	Database Design	offline	Internal Assesment	20 10	SD DC
		CMSGCOR02P		offline	Internal Assesment	20	SD

- 1. Kenneth Rosen, Discrete Mathematics and its Applications
- 2. R. Elmasri, S.B. Navathe, Fundamentals of Database Systems

Prasanta Chandra MahalanobisMahavidyalaya

Lesson Plan- 2021-22

Semester IV Hons. & Programme Course

Name of the Department: COMPUTER SCIENCE

Period	Hons/	Paper Name	Topics	Methods	Methods	Number	Name of
	Programme	and Paper		and	of	of	the
	Course	Code		materials	Evaluation	classes	Teacher
						allotted	assigned
						in hours	
February-	Hons	08T	Algorithm Design	offline	Internal	60	SS
April		CMSACOR08T	Techniques		Assesment		
			Techniques				
		09T	ProcessModels	offline	Internal	60	DC
		CMSACOR09T	Requirement Analysis		Assesment		
			Software Project				
		100	Management	0.00	T , 1	(0)	(D)
			Entity Relationship	Offline		60	SD
		CMSACORIUI	Relation Data Model		Assesment		
		SEC	R Programming	Offline	Internal	15	SD
		CMSSSEC02M	it i rogramming		Assesment	10	50
	Programme	CMSGCOR04T		Offline	Internal	30	SD
	Course		Data Representation	011110	Assesment	10	DC
	Course		and basic Computer				
			Arithmetic				
			Central Processing				
M T		00T	Unit	Offling	Test ann a 1	20	
May-June	Hons		Graphs	Olline	Assessment	30	22
		CINISACOROSI	Oraphs		Assesment		
		0.075		O.C.	τ. 1	20	DC
			Quality Management	Offline		30	DC
		CMSACORU91	Testing Strategies &		Assesment		
			Tactics				
		10T	Database Design	Offline	Internal	30	SD
		CMSACOR10T	File Structure and		Assesment		
			Indexing				

	SEC CMSSSEC02M	R Programming	Offline	Internal Assesment	15	SD
Programme Course	CMSGCOR04T	Basic Computer Organization Programming the Basic Computer	Offline	Internal Assesment	30 20	SD DC

- 1. T.H. Cormen, Charles E. Leiserso, Ronald L. Rivest, Clifford Stein Introduction to Algorithms
- 2. R. Mall, Fundamentals of Software Engineering
- 3. R. Elmasri, S.B. Navathe, Fundamentals of Database Systems
- 4. M. Mano, Computer System Architecture

Prasanta Chandra MahalanobisMahavidyalaya

Lesson Plan- 2021-22

Semester V/ VI Honors. & Programme Course

Name of the Department: COMPUTER SCIENCE

Period	Hons/ Programme	Paper Name and Paper	Topics	Methods and materials	Methods of	Number of	Name of the
	Course	Code			Evaluation	classes	Teacher
						allotted	assigned
						in hours	
February-	Programme	CMSGDSE04	Basic Concepts	Offline	Internal	30	SD
April	Course		Physical Layer		Assesment		
			Datalink Layer				
May-June	Programme	CMSGDSE04	Network Layer	Offline	Internal	30	SD
	Course		Transport Layer		Assesment		
			Application				
			Layer				

Recommended Text books:

B.A. Forouzan: Data Communication and Networking

Prasanta Chandra Mahalanobis Mahavidyalaya

Lesson Plan- 2021-22

Semester I/II Honors. & Programme Course

Name of the Department: PHYSICS

Perio d	Hons/ Program	Paper Name and Paper	Topics	Methods and	Methods of	Number of	Name of the
	me Course	Code		materials	Evaluatio n	classes allotted	Teacher assigned
Marc h-	Programm e Course 2	PHSGCOR02T	1. Vector algebra : dot product, cross	Online: Google	Assignment & Class test	8	AH
April			product, gradient, curl, divergence 2. Electrostatics:	meet, Offline Notes		8	AN
			Coulomb's law electric field, flux, potential, Gauss law,	prepared and E Resources		8	SS
			dipole 3. Magnetostatics:			8	Principal
			law and it's application, Biosavart law and it's application.			8	PS
		PHSGCOR02P	1. To verify the Thevenin and Norton theorems.2. To verify the superposition and maximum power transfer theorm .	Experimen tal instruction s and Demonstra tion	Laboratory Work	8	АН
May - June	Programm e Course	PHSGCOR02T	1. Vector Integral: line, surface, volume internal,	Online: Google meet,	Assignment & Class test	8	АН
			theorem, Stocks theorm. 2. Electromagnetic therory: Maxwell	Notes prepared and E Resources		8	AN
			equation, equation of continuity, displacement current, poynting vector			8	SS
			3. Liner network theory & Electromagnetic induction: Faraday'd			8	Principal
			law, Lentz law, self inductance,			8	PS

	combination of LCR, Thevenin-Norton theorem.				
PHSGCOR02P	 To study responce curve of a series and parallel LCR circuit. To study the characteristics of a BC circuit 	Experimen tal instruction s and Demonstra tion	Laboratory Work	8	АН

- 1. Classical electromagnetism J Franklin.
- 2. Electricity, Magnetism and Electromagnetic theory Mahajan & Choudhury.
- 3. Introduction to Electrodynamic Griffiths.
- 4. Feynman lecture volume 2.
- 5. A text book of practical physics Prakash & Ramakrishna.
- 6. Advance practical physics Flint & Worsnop.

Prasanta Chandra MahalanobisMahavidyalaya <u>Lesson Plan- 2021-22</u> Semester I/II Programme Course Name of the Department: <u>CHEMISTRY</u>

Period	Hons/ Programme	Paper Name and Paper	Topics	Methods and materials	Methods of Evaluation	Number of	Name of the
	Course	Code				classes	Teacher
						allotted	assigned
						in hours	
March-	Programme	CEMGCOR02T	Liquids Solids	Offline Notes	ClassTest	6	KM
April	Course		Comparative	prepared and		6	KM
			study of p-block	E Resources		7	KN
			elements:				
		CEMGCOR02P	Viscosity	Experimental	Laboratory	8	KM
			measurement	Instructions	work		
			Qualitative	and		8	KN
			semimicro	Demonstration			
			analysis of				
			mixtures				
May-	Programme	CEMGCOR02T	Chemical	Offline Notes	ClassTest	8	KM
June	Course		Kinetics	prepared and		7	KN
			Comparative	E Resources			
			study of p-block				
			elements:				
			Study the	Experimental	Laboratory	8	KM
			kinetics	Instructions	work		
			Qualitative	and		8	KN
			semimicro	Demonstration			
			analysis of				
			mixtures				

Recommended Text books:

1. Palit, S. R., *Elementary Physical Chemistry* Book Syndicate Pvt. Ltd.

2.. Mandal, A. K. Degree Physical and General Chemistry Sarat Book House

3. Pahari, S., Physical Chemistry New Central Book Agency

4. Pahari, S., Pahari, D., Problems in Physical Chemistry New Central Book Agency

5. Svehla, G. Vogel's Qualitative Inorganic Analysis, Pearson Education, 2012.

Prasanta Chandra MahalanobisMahavidyalaya Lesson Plan- 2021-22 Semester III/ IV Programme Course Name of the Department: <u>CHEMISTRY</u>

Period	Hons/ Programme Course	PaperNameand PaperCode	Topics	Methods and materials	Methods of Evaluation	Number of classes allotted inhours	Name of the Teacher assigned
February- April	Programme Course	CEMGCOR04T	Phase Equilibria Conductance Chemical Analysis	Offline Notes prepared and E Resources	ClassTest	8 8 8	KM KM KN
		CEMGCOR04P	Phase equilibria Analytic and Environmental Chemistry	Experimental Instructions and Demonstration	Laboratory work	10 8	KM KN
May-June	Programme Course	CEMGCOR04T	Electromotive force Solutions Chemical Analysis	Offline Notes prepared and E Resources	ClassTest	8 6 8	KM KM KN
		CEMGCOR04P	Conductance Analytic and Environmental Chemistry	Experimental Instructions and Demonstration	Laboratory work	10 8	KM KN

Recommended Text books:

- 1. Banerjee, S. P. A Text Book of Analytical Chemistry, The New Book Stall.
- 2. Gangopadhyay, P. K. Application Oriented Chemistry, Book Syndicate.
- 3. Palit, S. R., *Elementary Physical Chemistry* Book Syndicate Pvt. Ltd.

4. Pahari, S., Physical Chemistry New Central Book Agency

5. Palit, S.R., Practical Physical Chemistry Science Book Agency

6. Mukherjee, N.G., Selected Experiments in Physical Chemistry J. N. Ghose & Sons

Prasanta Chandra MahalanobisMahavidyalaya Lesson Plan- 2021-22 Semester V/ VI Programme Course Name of the Department: <u>CHEMISTRY</u>

Period	Hons/	PaperName	Topics	Methods	Methods	Number	Name of
	Program	and Paper		and materials	0I Evaluati	10 classes	the Teacher
	Course	Couc		materials	On	allotted	assigned
						in hours	8
February-	Programme	CEMGDSE04T	Chemistry of 3d	OfflineNotes	ClassTest	6	KM
April	Course		metalsOrganometallic	prepared and		6	КМ
			Compounds	E Resources		0	NIVI
			Spectroscopy				
			specifoscopy			2	KN
		CEMGDSE04P	Systematic Qualitative	Experimental	Laboratory	16	KM
			Organic Analysis of	Instructions	work		
			Organic Compounds	and			
				Demonstration			
		CEMSSEC001	Basic analytical	OfflineNotes	ClassTest	6	KM
			chemistry	prepared and			
M	D		D' I '	E Resources		6	
May-	Programme	CEMGDSE04T	Bio-Inorganic	OfflineNotes	ClassTest	6	KM
June	Course		Active methylene	prepared and		6	KM
			compounds	E Resources		0	11111
			Polynuclear and				
			heteronuclear aromatic			6	KM
			compounds				
			Application of			2	KN
			Spectroscopy				
		CEMGDSE04P	Separation of mixtures	Experimental	Laboratory	16	KM
			by chromatography	Instructions	work		
				and			
				Demonstration			173.4
		CEMSSEC001	Analysis of food	OfflineNotes	ClassTest	6	KM
			products	prepared and	and Project		
				E Resources			

Recommended Text books:

1.R.T. Morrison & R.N. Boyd: Organic Chemistry, Prentice Hall.

2. Peter Sykes: A Guide Book to Mechanism in Organic Chemistry, Orient Longman.

3 Arun Bahl and B. S. Bahl: Advanced Organic Chemistry, S. Chand

4.Harris, D. C. Quantitative Chemical Analysis, 9th ed. Macmillan Education, 2016.

5. Dean, J. A. Analytical Chemistry Handbook, McGraw Hill, 2004.

Prasanta Chandra Mahalanobis Mahavidyalaya

Lesson Plan (2021-22)

GEOGRAPHY HONOURS/ PROGRAMME COURSE

SEMESTER II HONS

Lesson No.	Торіс	Content	Methods and materials	Assessment	Number of Class Allotted in hours	Name of the Teacher
1. (March-May)	GEOACOR03 T Human Geography	1.Nature,scopeofHumanGeography,EnvironmentalApproaches2.Evolutionofhumansocieties3. Humanadaptationtoenvironment:Masai4. Populationgrowthanddistribution,5.Demographictransition	PPT Presentation, Black Board Teaching& Audio-Visual Mode of Teaching	CLASS TEST #1	60	AR , SR
2 (March-May)	GEOACOR0 4T Cartograms & Thematic mapping	 6.Scientific notation, logarithm and anti- logarithm, natural and log scales 7.Diagrammatic representation of data: Line, Bar, Isopleths 8.Representation of socio-economic data: Bearing: Magnetic and true, whole-circle and reduced 9.Survey equipment: Prismatic Compass, Dumpy and Theodolite 	Field Survey & Black Board Teaching	CLASS TEST #1	40	SC, RB
3. (March- May)	GEOACOR 04P Cartograms & Thematic Mapping Lab	10.Traverse survey using prismatic compass 11. Profile survey using dumpy Level 12. Choropleth 13.Dots and Spheres diagram	Field Survey	CLASS TEST #1	35	SC & RB

4. (May-June)	GEOACOR 03T Human Geography	1.Conceptandclassification of race2.Culturalregions(languageandreligion)3.Types and patterns ofrural settlements4.Morphologyofurban settlements		CLASS TEST #2	30	SR, AR
5. (May-June)	GEOACOR 04T Cartograms & Thematic mapping	5.Representation of socio-economic data: 6.Bearing: Magnetic and true, whole- circle and reduced	Field Survey & Black Board Teaching	CLASS TEST #2	20	SC, RB
6. (May-June)	GEOACOR 04P Cartograms & Thematic Mapping Lab	 7.Proportional pie- diagrams representing economic data and land use data 8. Traverse survey using prismatic compass 9. Profile survey using dumpy Level 	Field Survey & Black Board Teaching	CLASS TEST #2	25	SC & RB
					210 HOURS/C LASSES	

Gould, W.T.S. 2015. Population and Development, Routledge.

- Gregory, D., Johnston, R., Pratt, G., Watts., Whatmore, S. (Eds) 2009. The Dictionary of Human Geography, 5th ed, Wiley.
- Mandal, R.B. 2001. Introduction to Rural Settlement, 2nd ed, Concept Publishing Company.

Gould, W.T.S. 2015. Population and Development, Routledge.

Gregory, D., Johnston, R., Pratt, G., Watts., Whatmore, S. (Eds) 2009. The Dictionary of Human Geography, 5th ed, Wiley.

Monkhouse, F.J., Wilkinson, H.R. 1971. Maps and Diagrams: Their Compilation and Construction, 3rd ed (2017 reprint), Alphaneumera-Kolkata.

Sarkar, A. 2015. Practical Geography: A Systematic Approach, 3rd ed, Orient Blackswan Private Ltd.

Singh, R.L., Singh, R.P.B. 2008. Elements of Practical Geography, Kalyani Publishers.

Semester II General & Programme Course

Period March-	Hons/ Program me Course General	Paper Name and Paper Code Unit I	Topics 1.Factors of	Methods and materials	Methods of Evaluation Regular	Number of classes allotted in hours 10	Name of the Teacher assigned SR, RC
April		Population and Social Geography	Growth and distribution of world population. Demographic Transition Theory	Presentation Black board teaching and	assessment in classes		
		Unit II Economic and Settlement Geography	6.Sectorsoftheec onomy:primary,s econdary,tertiary andquaternary 7. Typesofagricultu re:Intensive subsistence rice farming,Plantati onagriculture(Te a andCoffee)	PPT Presentation		20	SR,SC
		Unit I Population and Social Geography	World Population Composition: Age, Gender and Literacy. 3. Migration: Types, causes andconsequence s. 4. Space and Society: Cultural Regions; Race; Religion and Language	Black board teaching and		15	SR, KP

May-	Unit II		PPT	ClassTest 1	20	SC,RC
June	Economic and	8.	Presentation	Class Test 2		
	Settlement	Location, proble				
	Geography	ms and				
		prospectsofIndia				
		nindustries—				
		Cottontextile,Pet				
		roleumrefining,				
		Locomotive				
		9. Types and				
		Patterns of Rural				
		Settlements				
		10.				
		Classification of				
		Urban				
		Settlements;				
		Trends and				
		Patterns of				
		World				
		Urbanization				
	Unit I	5. Contemporary	Black board		15	SR, KP
	Population and	social issues:	teaching and			
	Social	Illiteracy and				
	Geography	Poverty				

REFERENCES:

- 1. Singh, R.B. (1993) Environmental Geography, Heritage Publishers, New Delhi.
- 2. UNEP (2007) Global Environment Outlook: GEO4: Environment For Development, United Nations EnvironmentProgramme. University Press, Cambridge.
- Wright R. T. and Boorse, D. F. (2010) Toward a Sustainable Future, PHI Learning Pvt Ltd, New Delhi.Singh, R.B. and Hietala, R. (Eds.) (2014) Livelihood security in Northwestern Himalaya:

SEMESTER IV HONS

Lesson No.	Торіс	Content	Methods and materials	Assessment	Number of Class Allotted	Name of the Teacher
1. (February-April	GEOACOR08T Regional Planning & Development	1. Conceptofregions: Types ofregions and theirdelineationRegionalPlanning: Types,principles,objectives2.Conceptsofgrowthanddevelopment3Indicatorsofdevelopment:	PPT Presentation, Black Board Teaching& Audio-Visual Mode of Teaching	CLASS TEST #1	<u>65</u>	RB & SR
		4.Human development: Concept				
2 (February-April)	GEOACOR09T Economic Geography	1. Concepts in Economic Geography:2.Concept of economic man 3.Economic distance and transport costs	ICT MODE OF TEACHING	CLASS TEST #1	60	SC, RB
3. (February-April)	GEOACOR10T Environmental Geography	4.Waste management 5.Environmental policies – National Environmental Policy, 2006, Earth Summits (Stockholm, Rio, Johannesburg) 6. Global initiatives for	ICT MODE OF TEACHING	CLASS TEST #1	40	AR & SR

		environmental management				
4.(February-April)	GEOSSEC02M	Advanced Spatial Statistical Techniques	Computer Lab	Project Submission	15	
5.(May-June)	GEOACOR08T Regional Planning & Development	7.Multi-level planning in India 8.Cumulative causation model for regional development (Myrdal) 9.Concept and causes of underdevelopment 10. Regional development in India: 11.Disparity and diversity	PPT Presentation, Black Board Teaching	CLASS TEST #2	30	SR & AR
6. (May-June)	GEOACOR09T Economic Geography	12.Concept and classification of economic activities 13.Factors affecting location of economic activity with special reference to industry (Weber). 14.Secondary activities: Concept of manufacturing regions, special economic zones and technology parks 4.Tertiary activities: Transport and services 5.Agricultural systems: tea plantation in India	Black Board Teaching	CLASS TEST #2	30	SC, RB

		and mixed farming in Europe 6.International trade and economic blocs: WTO, GATT and BRICS: Evolution, structure and functions				
7. (May-June)	GEOACOR10T Environmental Geography	1.Conceptofholisticenvironmentandsystems approach2.Ecosystem:Concept, structureand functions	Field Survey, PPT Presentation,	CLASS TEST #2	20	SR&AR
8.(May-June)	GEOACOR10P Environmental Geography	1.Preparationofquestionnaire2.Preparationofcheck-listforEnvironmentalImpact	Field Survey and PPT Presentation, ICT classes	CLASS TEST 1 & 2	20	AR &RB
9.(May-June)	GEOSSEC02M	Advanced Spatial Statistical Techniques	Computer Lab	Project Submission	20	AR & RB
TOTAL					300 HOURS/ CLASSES	

REFERENCES:

- 1. Misra, R.P. 1992. Regional Planning: Concepts, Techniques , Policies and Case Studies, Concept Publishing.
- 2. Willington D. E., 2008: Economic Geography, Husband Press.
- 3. Wood, A., Roberts, A. 2010. Economic Geography: Places, Networks and Flows, Routledge.
- 4. Sharma, P.D. 2011. Ecology and Environment, Rastogi Publications.
- 5. Singh, S. 2013. Environmental Geography, PrayagPustakBhawan.
- 6. Miller, G.T. 2004. Environmental Science: Working with the Earth,
- 7. Thomson Brooks.Odum, E.P.,Barrett, G.W. 2005.Fundamentals of

Ecology, Ceneage Learning.

Semester IV General & Programme Course

Period	Hons/	Paper Name	Topics	Methods	Methods	Number	Name of
	Programme	and Paper	-	and	of	of	the
	Course	Code		materials	Evaluation	classes	Teacher
	000000	0000				allotted	assigned
						in hours	ussigneu
February-	General	GEOHGEC04T	1. Human-	PPT	Class Test 1	10	AR, SC
April	General	_	Environment	Presentation		10	111, 20
I I		Environmental	Relationship in	Black Board			
		Geography	equatorial. desert	Teaching&			
			and coastal regions	reachingœ			
		Environmental	4. Environmental	РРТ		15	
		problems and	Problems and	Presentation.			
		policies	Management:	,			
		-	Biodiversity Loss;				
			Solid and Liquid				
			Waste.				
			5. Environmental				
			problems and				
			management:				
			Desertification and				
			soil erosion.				
	SEC	GEOSSEC02M	1. Probability	COMPUTER		10	RB
		– Advanced	theory, probability	LAB			
		Spatial	density functions				
		Statistical	with respect to				
		Techniques 🗆	Normal, Binomial				
			and Poisson				
			distributions and				
			their geographical				
			applications				
			3. Correlation and	COMPUTER		10	AR
			Regression	LAB			
			Analysis: Rank				
			order correlation				
			and product				
			moment				
			correlation; linear				
		1	regression,				

			mariduals from				
			Testudais from				
			regression, and				
			simple curvilinear				
			regression.				
			Introduction to				
			multi-variate				
			analysis.				
May-June		GEOHGEC04T	2. Concept of	РРТ	Class Test 2	10	AR, SC
-		-	holistic	Presentation.			
		Environmental	environment and	,			
		Geography	system approach				
		orography	3 Ecosystem				
			Concept structure				
			and functions				
				DDT		10	A D
			0. New	PPI		10	AK
			Environmental	Presentation,			
			Policy of India,				
			2006.				
	SEC		2. Sampling:	COMPUTER		15	RB
			Sampling plans for	LAB			
			spatial and non-				
			spatial data,				
			sampling				
			distributions				
			Sampling estimates				
			for large and small				
			somplos tosts				
			samples lesis				
			mvorving				
			means				
			andproportions				
	SEC	GEOSSEC02M	4. Time Series			10	AR
		– Advanced	Analysis: Time				
		Spatial	Series processes;				
		Statistical	Smoothing time				
		Techniques	series; Time series				
		_	components.				

REFERENCES:

- 1. Singh, R.B. (1993) Environmental Geography, Heritage Publishers, New Delhi.
- 2. UNEP (2007) Global Environment Outlook: GEO4: Environment For Development, United Nations EnvironmentProgramme. University Press, Cambridge.
- 3. Wright R. T. and Boorse, D. F. (2010) Toward a Sustainable Future, PHI Learning Pvt Ltd,

New Delhi.Singh, R.B. and Hietala, R. (Eds.) (2014) Livelihood security in Northwestern Himalaya:

SEMESTER-VI HONOURS

Lesson No.	Paper Code with Topic	Content	Methods and materials	Assessment	Number of Class Allotted in hours	Name of the Teacher
1. (February- April)	GEOACOR13T- Evolution of Geographical Thought	 Development of Geography: Contributions of Greek and Chinese geographers Impact of 'Dark Age' in Geography and Arab contributions Contributions of Ratzel and Vidal deLaBlaché Trends of geography in the post-World War-II period: Quantitative Revolution, systems approach. 	PPT Presentation, Black Board Teaching	CLASS TEST #1	60	AR ,SC
2. (February- April)	GEOACOR14T- Remote Sensing and GIS	 Principles of Remote Sensing (RS): Types of RS satellites and sensors Sensor resolutions and their applications with reference to IRS and Landsat mission Concept of GIS and its applicability ; GIS data structures: types: spatial and non-spatial, raster and vector Principles of preparing attribute tables and data manipulation and overlay analysis 	PPT Presentation, ICT classes, Black Board Teaching, Audio-Visual Mode of Teaching	CLASS TEST #1	40	RB, SR
3. (February- April)	GEOACOR14P- Remote Sensing and GIS	1. Preparation of land use and land cover map from standard FCC and its interpretation	PPT Presentation, ICT classes, GIS Lab	CLASS TEST #1	30	SR

4. (February- April)	GEOADSE04T – Hydrology and Oceanography	 Systems approach in hydrology. Global hydrological cycle: Its physical and biological role Drainage basin as a hydrological unit. Principles of watershed management Major relief features of the ocean floor: characteristics and origin according to plate tectonics Physical and chemical properties of ocean water 	PPT Presentation, ICT classes, Black Board Teaching	CLASS TEST #1	50	SR, KP, RC
5. (February- April)	GEOADSE06T – Resource Geography	 Approaches to Resource Utilization: Utilitarian, Conservational, Community based adaptive Significance of Resources: Backbone of Economic growth and development Distribution, Utilisation, Problems and Management of Mineral Resources: Bauxite and Iron Ore 	PPT Presentation, ICT classes, Black Board Teaching	CLASS TEST #1	50	RB, SC
6.(May- June)	GEOACOR13T Evolution of Geographical Thought	 Geography during the age of 'Discovery' and 'Exploration' (contributions of Columbus, Vasco da Gama, Magellan) Dualism and Dichotomies (Ideographic vs. Nomothetic, Physical vs. Human, Determinism vs. Possibilism,) AR7. Contributions of Ratzel and Vidal deLaBlaché Evolution of Geographical thoughts in Britain and United States of America Contributions of Humboldt and Ritter Evolution of Critical Geography: Behavioural, humanistic and radical 	PPT Presentation, Black Board Teaching&	CLASS TEST #2	30	AR ,SC
7.(May- June)	GEOACOR14T- Remote Sensing and GIS	3. Preparation of False Colour Composites from IRS LISS-3 and Landsat TM and OLI data.	PPT Presentation, ICT classes, Black Board	CLASS TEST #2	20	RB, SR

		 4. Principles of image correction and interpretation. Preparation of inventories of landuse land cover (LULC) features from satellite images. 7. Principles of GNSS positioning 	Teaching, Audio-Visual Mode of Teaching			
8.(May- June)	GEOACOR14P- Remote Sensing and GIS	 Representation of raster and vector data format Area and length calculations from GNSS data 	PPT Presentation, ICT classes, Black Board Teaching	CLASS TEST #2	30	AR, RB
9.(May- June)	GEOADSE04T – Hydrology and Oceanography	 Run off: controlling factors. Infiltration and evapotranspiration Groundwater: Occurrence and storage. Factors controlling recharge, discharge and movement Water mass, T–S diagram Ocean temperature and salinity: Distribution and determinants 	PPT Presentation, ICT classes, Black Board Teaching	CLASS TEST #2	40	SR, KP, RC
10.(May- June)	GEOADSE06T – Resource Geography	 Problems of resource depletion—global scenario (forest, water, fossil fuels). Conservation of Natural Resources Distribution, Utilisation, Problems and Management of Energy Resources: Conventional and Non- Conventional Concept of Resource sharing: Wate 	PPT Presentation, ICT classes, Black Board Teaching	CLASS TEST #2	40	RB, SC

References :

- 1. Husain, M. 2015. Evolution of Geographical Thought, 6th ed, Rawat Publications.
- 2. Dikshit, R.D. 2004. Geographical Thought: A Contextual History of Ideas, Prentice Hall India
- 3. Joseph, G. and Jegannathan, C. 2018. Fundamentals of Remote Sensing, 3rd ed, Universities Press.
- 4. Lillesand, T.M., Kiefer, R.W. and Chipman, J.W., 2015. Remote Sensing and Image Interpretation, 7th ed, Wiley
- 5. Sarkar, A. 2015. Practical Geography: A Systematic Approach. 2nd ed, Orient Black Swan Private Ltd.

- 6. Bhatta, B. 2011. Remote Sensing and GIS, 2nd ed, Oxford Univ. Press.
- 7. Sharma, R.C. and Vatal, M 2018. Oceanography for geographers, Surjeet Publication
- 8. Singh, S. 2018. Fundamentals of Hydrology, Pravalika Publications, Allahabad
- 9. Subramanya, K. 2013. Engineering Hydrology, McGraw Hill Education
- 10. Gregory, D., Johnston, R., Pratt, G., Watts., Whatmore, S. (Eds) 2009. The Dictionary of Human Geography, 5th ed, Wiley

Prasanta Chandra Mahalanobis Mahavidyalaya

Lesson Plan- 2021-22

Semester II Honours & Programme Course

Name of the Department: Food and Nutrition

Period	Hons/	Paper Name	Topics	Methods and	Methods of	Numbe	Name of
	Progra	and Paper		materials	Evaluation	r of	the
	mme	Code				classes	Teacher
	Course					allotted	assigned
						in	C
						hours	
March- April	Hons.	FNTACORO03T -FOOD CHEMISTRY, BIOPHYSICS AND BIOCHEMICAL PRINCIPLES(TH EORY)	 Proteins and Amino acids- Classification of proteins. Protein structure and organization: primary, secondary, tertiary and quaternary structure. Amino acid classification. Physical and chemical properties of amino acid and protein. Biological value of proteins (BV), Net protein utilization (NPU) and Protein efficiency ratio (PER). 	Offline class. Powerpoint Presentation. Lecture. Board work. E- books, Study materials	Class Assignment	10hrs	Dr. Priyadarshini Chakraborty
			 2.Carbohydrate Chemistry Carbohydrates: classification- mono-, di- & polysaccharide Stereoisomerism in carbohydrates. Physical and chemical properties of mono-, di- and polysaccharides; Dietary fibre - definition; Fibre components - 	Offline class. Powerpoint Presentation. Lecture. Board work, Study materials as pdf	Class Assignment	20hrs	Dr. Tanima Paul Das

	cellulose, hemicellulose, pectin substances, lignin.				
FNTACOR03P: FOOD CHEMISTRY, BIOPHYSICS AND BIOCHEMICAL PRINCIPLES	1. Qualitative tests for the identification of: Glucose, Galactose, Fructose, Sucrose, Lactose, Starch, Dextrin.	Offline hands-on practical class	Continuous assessment	10hrs	Dr. Tanima Paul Das
(PRACTICAL)	2. Glucose estimation in blood	Offline hands-on practical class	Continuous assessment	бhrs	Dr. Tanima Paul Das
	3. Qualitative tests for the identification of - Albumin, Gelatin, Peptone, urea, uric acid.	Offline hands-on practical class	Continuous assessment	15hrs	Dr. Priyadarshini Chakraborty
FNTACOR04T: HUMAN PHYSIOLOGY (THEORY)	 Physiology of excitable cells: Different types of muscles and their structures Mechanism of skeletal muscle contraction and relaxation, Muscle energetic, Isometric and isotonic muscle contraction. Structure of nerves. Nerve impulse and its conduction. Synapse and Neuromuscular junctions. Synaptic transmission. Neutrotrophins 	Lecture method; Chalkboard, PDF	Assignments	25hrs	Sahin Sultana
FNTACOR04P: HUMAN PHYSIOLOGY (PRACTICAL)	 Test for Visual acuity, Colour vision. Identification with reasons of histological slides (Lung, Liver, 	Offline hands-on practical class	Assignments	10hrs 25hrs	Sahin Sultana

		Kidney, Small intestine, Stomach, Thyroid, Adrenal, Pancreas, Testis, Ovary and Muscle of mammals).				
Program me Course	FNTGCOR02T: HUMAN BODY AND NUTRITION (THEORY)	 1. Animal cell Animal cell: definition, structure and functions of different parts. Organelle 2. Blood and body Fluids: Blood, composition, blood corpuscles, functions, blood groups and its importance in transfusion, hazards of mismatch blood transfusion. Rh factor, blood coagulation. Lymph: Compositionand function. 3. Cardiovascular and Respiratory system Heart: Junctionl tissues and functions. Cardiac cycle, cardiac output, blood pressure and its regulation. Mechanism of respiratory centre. Respiratory centre. Respiratory regulation. 	Lecture method; Chalkboard, PDF	Assignments	5 hrs 10hrs 10 hrs	Sahin Sultana
	FNTGCOR02P: HUMAN BODY	1. Determination of pulse rate in Resting	Offline hands on practicals	Assignments	6hrs	Sahin Sultana

		AND	condition and after				
			condition and after				
		NUTRITION	exercise (30				
		(PRACTICAL)	beats/10 beats				
			method)				
			2 Determination of			6hrs	
			blood prossure by			oms	
			blood pressure by				
			Spnygmomanometer				
			(Auscultatory				
			method).				
			3 Identification of				
			permanent sections			6hrs	
			(Dlaad calls			01113	
			(Blood cells,				
			Stomach, Small				
			intestine, large				
			intestine, Liver,				
			pancreas).				
May-	Hons.	FNTACOR003T	1.Lipid Chemistry	Online class	Class	15 hrs	Dr.
Tune	1011.5.	FOOD	• Lipide:	Powerpoint	assignment	15 115	Privadarshini
Julic		CUEMICTRV	Classification Entr	Proportation and	assignment		Cholmohant
		CHEMISTRY,	Classification- Fatty	Presentation and			Chakraborty
		BIOPHYSICS	acids, triglycerides,	Lecture. E-			
		AND	phospholipids,	books, Study			
		BIOCHEMICAL	Glycolipids, sterols	materials			
		PRINCIPLES(TH	and steroids.				
		EORY)	Ficonoids				
		2011)	Edible fate and alle				
			• Edible fais and ons -				
			physical and				
			chemical properties,				
			Hydrogenation and				
			importance of fats in				
			the diet.				
			• Physical and				
			a homical monortica				
			chemical properties				
			of saturated,				
			monounsaturated,				
			polyunsaturated				
			fatly acids, Trans				
			fatty acids.				
			phospholipids				
			cholostorols and				
			liposomes.				
			• Essential fatty acids.				
			2. Enzymes				
			 Enzmes: Definition 				
			and structure				
			 Enzyme substrate 				
			interaction.				
			 Enzyme kinetics, 			1.01	
			 MichaelisMenten 			TONTS	
			constant(Km)				
			Enguma inhibition				
			 Factors regulating 				
			enzyme activities,				

		 Isoenzymes, Pro- enzymes, Ribozymes, Abzymes, Concept of Rate limiting enzymes. 				
	FNTACOR03P: FOOD CHEMISTRY, BIOPHYSICS	1. Protein estimation by Biuret and Lowry methods.	Offline Hands- on Practical Class	Class assignments	6hrs	Dr. Priyadarshini Chakraborty
	AND BIOCHEMICAL PRINCIPLES(PR	2. Estimation of urea and uric acid in blood.			6hrs	
	ACTICAL)	3. Determination of acid value of oils by titrimetric method.			6hrs	
		4. Determination of osmotic pressure of colloidal solutions.			6hrs	
		5. Determination of specific gravity of liquid (fruit juice, blood).			бhrs	
	FNTACOR04T: HUMAN PHYSIOLOGY (THEORY)	 1.Endocrine system Structure, hormones and functions of pituitary, thyroid, parathyroid, adrenal gland and pancreas. Hypothalamus as an endocrine gland. Gastrointestinal hormones. Growth factors. 	Lecture method; Chalkboard, PDF	Assignments	20hrs	Sahin Sultana
	FNTACOR04P: HUMAN PHYSIOLOGY (PRACTICAL)	1. Qualitative determination of glucose in blood or urine.	Offline hands on practical	Assignments	10hrs	Sahin Sultana
		and Differential count (DC)			10hrs	
Program me Course	FNTGCOR02T: HUMAN BODY AND NUTRITION (THEORY)	 1. Digestive system and Digestion Digestive system: Structures involved in digestive system (mouth, oesophagus, 	Lecture method; Chalkboard, PDF	Assignments	20hrs	Sahin Sultana

		stomach, small				
		intestine, liver				
		gallbladder), and				
		their functions, composition of				
		different digestive				
		functions. Digestion				
		and absorption of carbohydrate protein				
		and fat.			4	
		2. Excitable cells			onrs	
		 Brief description 				
		about the mechanism of muscular				
		contraction. Neuro-				
		transmission.				
		3.Regulatory				
		systems			10hrs	
		• General idea about				
		human body and				
		their significance on nutrition. Brief idea				
		about brain and sinal				
		autonomic control of				
	FNTGCOR02P:	body. 1 Determination of	Offline hands on	Assignments	6hrs	Sahin Sultana
	HUMAN BODY	Bleeding Time (BT)	practical	1 Job Buillonto	5111.5	Summisuruma
	AND NUTRITION	(CT).				
	(PRACTICAL)	2. Detection of Blood			бhrs	
		group (Slide			,	
		memou).				
			1			

For FNTACOR03T:

- 1. Fennema, Owen R (1996), Food Chemistry, 3rd Ed., Marcell Dekker, New York.
- 2. Murray, R. K. Grannen, D. K.; Mayes, P. A. and Rodwell. V. W: Harper's Biochemistry. Lange Medical Book.
- 3. Potter, N.N. and Hotchkiss, J.H (1995), Food Science, 5th Ed., Chapman & Hall.

- 4. Lehninger, A.L.; Nelson, D. L. and Cox, M. M. Principles of Biochemistry. CBS Publishers and Distributors.
- 5. A.C Deb, (2001) Fundamental of Biochemistry, New Central Book Agency (p) Ltd; 9th edition.
- 6. Debajyoti Das, Biochemistry, 14th Ed, Academic publishers.

For FNTACOR4T and FNTGCOR02T:

- 1. Berne, R. M., Koeppen, B. M., & Stanton, B. A. (2010). *Berne & Levy physiology*. Philadelphia, PA: Mosby/Elsevier.
- 2. Barrett, K. E., & Ganong, W. F. (2012). *Ganong's review of medical physiology*. New York: McGraw-Hill Medical.
- 3. Hall, J. E., & Guyton, A. C. (2011). *Guyton and Hall textbook of medical physiology*. Philadelphia, PA: Saunders Elsevier.

Prasanta Chandra Mahalanobis Mahavidyalaya

Lesson Plan- 2021-22

Semester IV Honors. & Programme Course

Name of the Department: ____Food and Nutrition______

Period	Hons/ Progra mme Course	Paper Name and Paper Code	Topics	Methods and materials	Methods of Evaluation	Numbe r of classes allotted in	Name of the Teacher assigned
February- April	Hons	FNTACOR08T: COMMUNITY NUTRITION (THEORY)	 Concept on Community Concept of Community, types of Community, Factors affecting health of the Community. Nutritional Assessment and Surveillance Nutritional Assessment and Surveillance: Meaning, need, objectives and importance. Assessment methods for human Nutritional assessment of human: Clinical findings, nutritional anthropometry, biochemical tests, biophysical methods. Diet survey: Need and importance Methods of dietary survey, Interpretation - concept of consumption unit, individual and total distribution of food in family, adequacy of diet in respect to RDA, Concept of family food security. 	Online class. Powerpoint Presentation and Lecture. E resources (E-PG path Sala) Study materials as pdf	Class assignment	hours 6hrs 6hrs 10hrs 12hrs	Dr. Tanima Paul Das
		FNTACOR08P: COMMUNITY NUTRITION (PRACTICAL)	1. Anthropometric Measurement of infant - Height, weight, circumference of chest. mid -	Offline hands on practical, graphical interpretation	Class assignment ,student seminar	10hrs	Dr. Tanima Paul Das

		 upper arm circumference, precautions to be taken. 2. Comparison with norms and interpretation of the nutritional assessment data and its significance. Weight for age, height for age, weight for height, Z scores, body Mass Index (BMI) Waist - Hip Ratio (WHR). 3. Growth charts - plotting of growth charts, growth monitoring and promotion 	study visits to community centers like ICDS etc.		10hrs 6hrs	
	FNTACOR09T: EPIDEMIOLOG Y AND PUBLIC HEALTH(THEO RY)	 monitoring and promotion. 1. Introduction on Health Health and its importance: Definition of health (WHO), Dimension of health, Positive health. Determinants of health. Concept of disease and its causations. 2. Data of Community health Secondary sources of community health data: Indicators of health. Secondary sources of data from NFHS, Vital Statistics, Census of India, ICMR. 3.Epidemiology Definition of epidemiology, components and aims of epidemiology. Demography and family planning. Brief idea about epidemics, epidemiological methods: analytical epidemiology (case control and cohort study); Experimental epidemiology. 	Lecture method; Chalkboard, PDF, WHO website e- material, Indian Academy of Pediatrics e - material	Assignments	6hrs 6hrs 10hrs	Dr. Guddi Tiwary
		disease transmission, modes of transmission of disease. 4.Public health			бhrs	

nutrition.	
FNTACOR09P: EPIDEMIOLOG Y AND PUBLIC HEALTH(PRAC TICAL)1. Preparation of 3 audio visual aids like charts, posters, models related to health and nutrition education.Offline hands on practicalAssignment20hrsDr. Gu Tiwary2. Formulation and preparation of low cost and medium cost nutritious/2. Formulation and preparation of low cost and medium cost nutritious/15hrs	Dr. Guddi Tiwary
FNTACORIOT: Lifestyle disorder Lecture Assignment 4hrs Juthi S DET THERAPY FOR Introduction, types, aetiology, management. Chalkboard, power point 4hrs Juthi S DISORDERST Bionometry Definition, Etiology, Classification, long and short term complications, Diagnosis, Management (Insulin Therapy, 6 Definition, Etiology, Classification, long and short term complications, Diagnosis, Management with food exchange list, Exercise, Pharmacological), 8 8 8 Bole of artificial sweeteners. Overview of special conditions: Diabetes in Childhood, Pregnancy, 8 8 12hrs Jathese of Nutrition Education, Role of Nutrition Education, Prevention. 3 Cardiovascular diseases 12hrs 12hrs Prevalence, incidence, mortality with special reference to Indian situation. Prevalence, incidence, mortality with special reference to Indian situation. 12hrs 12hrs Hyper-lipidomia- classification, diagnosis and nutritional management, Hypertension: Acticology, Risk factors, Patho Hypertension: Acticology, Risk factors, Patho Hypertension: Acticology, Risk factors, Patho I	Juthi Saha

		 4.Nutrition and respiratory health Physiology and functions of the respiratory system, Nutritional management of Asthma 			6hrs	
	FNTACOR10P: DIET THERAPY FOR LIFE STYLE DISORDERS(PR ACTICAL)	Planning and preparation of Diets for the following diseases: i) Obesity and Underweight ii) Diabetes mellitus iii) Hypertension and Atherosclerosis	Offline hands on practical class	Assignment	20hrs	Juthi Saha
guidance Hons and Progra mme course	FNTSSEC02M: FIELD STUDY IN CLINICAL / COMMUNITY SETTING	 Theory: Introduction to clinical nutrition, clinical conditions requiring dietary intervention, Practical: 1. Visit to an ongoing program in ICDS: one rural, one urban. (eg. mahilamandal meeting or nutrition week celebration 2. Visit to a health centre (ANC clinic run by Government health department and observe quality of counseling imparted to pregnant women (especially awareness of anemia, importance of IFA). 3. To visit an NGO either rural or urban and observe one intervention program implemented for 59 women, school children or adolescence (For all the above observation appropriate observation check lists will be made and used) 	Lecture method; Chalkboard, Study materials as pdf Lecture method; Chalkboard, Study materials as pdf, study visits to old age home, NGO, ICDS centres, ANC clinics using standardized proforma and checklists, graphical representation of observations by demonstrating IEC materials of WHO, ICMR, NIN, CFTRI etc. Teaching aids developed under guidance.	Class assignment Demonstration of teaching aids, student seminar, assignment	5hrs 10hrs	Dr. Tanima Paul Das Dr. Tanima Paul Das

	Progra mme Course	FNTGCOR04T: DIETETICS (THEORY)	 Concept on Diet therapy Definition and objective of dietetics, Definition- diet therapy, Dieticians; principles and classification of the therapeutic diet. Responsibility of dieticians. RDA, Meal planning and Dietary guidelines RDA- Definition, Nutritional requirements (RDA), Principles and objectives of meal planning, Dietary guidelines of pregnant & lactating women, infants(Weaning, supplementary food), pre- school children & school children(School lunch programme), adult males and females, old age people. 	Lecture method; Chalkboard, power point presentation and e-resources available on SWAYAM (Inflibnet Centre); E-PG Pathshala, Egyankosh	Assignment	8hrs 12 hrs	Juthi Saha
		FNTGCOR04P:	3. Hospital diet Hospital diet: regular, soft, fluid, special feeding methods- advantages, disadvantages Planning and Preparation of	Offline	Assignment	8hrs 20hrs	Juthi Saha
May-June	Hons	DIETETICS(PR ACTICAL) FNTACOR08T: COMMUNITY NUTRITION (THEORY)	 Huid diet, soft and solid diet. 1.Clinical Signs Clinical Signs: Need and importance, Identifying signs of PEM, vitamin A deficiency and iodine deficiency, Interpretation of descriptive list of clinical signs. Nutritional anaemia. Rickets, B-Complex deficiencies. 2. Nutritional anthropometry Nutritional anthropometry:Need and importance, 	Online class Powerpoint Presentation and Lecture. E resources (E-PG path Sala) Study materials as pdf	Class assignment	8hrs 8hrs	Dr. Tanima Paul Das

		 standard for reference, techniques of measuring height, weight, head, chest and arm circumference, Interpretation of these measurements. Growth & Development; Body Composition: Changes through lifecycle Use of growth charts. 3. Agencies and programmes International, national, regional agencies and organizations. National nutritional intervention programmes to combat malnutrition:ICDS, Midday meal, Special nutrition program, National programs for prevention of anaemia, Vitamin A deficiency and Iodine deficiency disorders. 			15hrs	
	FNTACOR08P: COMMUNITY NUTRITION (PRACTICAL)	 Clinical assessment and signs of nutrient deficiencies specially PEM (Kwashiorkor, marasmus) I vitamin A deficiencies, Anaemia, Rickets, B-Complex deficiencies. Estimation of food and nutrient intake: Household food consumption data, adult consumption unit, 24 hours dietary recall 24 hours record, Weighment method, food diaries, food frequency data, use of each of the above, information available through each individual, collection of data, estimation of intekes 	Offline hands on practical, graphical interpretation, study visits to community centers like ICDS etc.	Class assignment, ppt presentation in student seminars, demonstration of audiovisual aids for community	10hrs 10hrs	Dr. Tanima Paul Das
	FNTACOR09T: EPIDEMIOLOG Y AND PUBLIC HEALTH(THEO RY)	 Immunization : definition. Host defenses and immunity, immunizing agents: its types, national immunization schedule- its 	Lecture method; Chalkboard, PDF, WHO website e- material, Indian Academy of	Assignment	8hrs	Dr. Guddi Tiwary

		importance, immunization in adults and travellers, hazards of immunization health advice to foreign travelers	Pediatrics e - material			
		 2. Community health care Health care of the community, health care delivery, health care system, Primary health care in India, Indian public health standards for subcenters, PHCs, community health centers.Hospital waste management. 	Lecture method, PPT, Study material and E-book, text book referred.		5hrs	Dr. Priyadarshini Chakraborty
		3. Community water management			6hrs	
		• Community water management: importance of water to the community, sources of water. Concept of water pollution. Purification of water in small and large scale. Drinking water handling and safe drinking water				
	FNTACOR09P: EPIDEMIOLOG Y AND PUBLIC HEALTH(PRAC TICAL)	1. Field visit (health centre, immunization centre, ICDS, MCH centre, NGOs etc.)	Visit to the institutions for data collection	Student Seminar	20hrs	Dr. Guddi Tiwary
	FNTACOR10T: DIET THERAPY FOR LIFE STYLE DISORDERS(T HEORY)	 Weight management Obesity and Overweight: Body weight components, Classification of obesity,(gynoid/android and Regulation hypertrophy/hypersplasia, Etiology and assessment of obesity and prevalence in Indian situation, Complications of obesity. Management: Medical (Pharmacological), Nutrition and lifestyle, Surgical, Behavioral Juvenile Obesity. Underweight: Etiology ,Diet management, Eating disorders: (Anorexia Nervosa and Bulimia), 	Lecture method; Chalkboard, power point presentation and e-resources available on SWAYAM (Inflibnet Centre); E-PG Pathshala, Egyankosh	Assignment	15hrs	Juthi Saha

		 Management (Medical, Nutritional care), Psychological support and Prevention 				
		2.Nutrition and respiratory health			6hrs	
		 Physiology and functions of the respiratory system, Nutritional management of Asthma 				
	FNTACOR10P: DIET THERAPY FOR LIFE STYLE DISORDERS(PR ACTICAL)	• Planning and preparation of Diets for the following diseases: i) Overweight and Underweight ii) Gout iii) Osteoporosis	Offline practical class	Assignment	20hrs	Juthi Saha
Hons and Progra mme course	FNTSSEC02M: FIELD STUDY IN CLINICAL / COMMUNITY SETTING	Theory: Role of dietitian in hospitals/clinics, staff training, RD –requirements, procedure, functioning.	Lecture method; Chalkboard, Study materials as pdf	Class assignment	5hrs	Dr. Tanima Paul Das
Ducess		 Practical: 1. Visit to old age home/Nutrition Rehabilitation Centre/slum area and prepare report on nutritional status /health concern(at least 10 case studies to be done) 2. Internship in any hospital/nursing home -case study of diseases 3. Preparation of visual aids indicating clinical problems related to nutrition – Charts, posters, models etc. and demonstration 	Lecture method; Chalkboard, Study materials as pdf, study visits to old age home, NGO, ICDS centres, ANC clinics using standardized proforma and checklists, graphical representation of observations by demonstrating IEC materials of WHO, ICMR, NIN, CFTRI etc. Teaching aids developed under guidance	Demonstration of teaching aids, student seminar, assignment	10hrs	Dr. Tanima Paul Das
Progra mme Course	FNTGCOR04T: DIETETICS (THEORY)	1. Dietary management of different diseases	Lecture method; Chalkboard, power point	Assignment	24hrs	Juthi Saha
		Gastro intestinal diseases (diarrhoea, constipation, gastritis, peptic ulcer &	presentation and e-resources available on			

	flatelenes) Essen (chent	CALAXAN			
	flatulence), Fever (short	SWATAM			
	term), Diabetes mellitus	(Inflibnet			
	(Type II - NIDDM), Heart	Centre); E-PG			
	diseases (hypertension,	Pathshala,			
	atherosclerosis,	Egyankosh			
	hyperlipidaemia), Liver				
	diseases (infective hepatitis,				
	cirrhosis of liver), Gout,				
	Obesity (including				
	assessment indices).				
	Underweight.				
	e naei weighti				
	2 Food Allergy				
	2.1 oou illioigy			8hrs	
	• Food allargy Definition			oms	
	• Food anergy- Definition,				
	sources, symptoms,				
	diagnosis, treatment, lood				
	intolerance				
FNTGCOR04P:	1. Planning & preparation of a	Offline	Assignment	25hrs	Ms. Juthi
DIETETICS(PR	day's diet for the following	practical Class			Saha
ACTICAL)	conditions: Peptic ulcer,				
	Fever, Hypertension,				
	Diabetes mellitus (Type II				
	NIDDM), Hepatitis,				
	Obesity.				

For FNTACOR08T:

- 1) Das Suryatapa. Textbook of community nutrition.4th Edition. Academic Publishers.
- 2) Park: Park's Textbook of preventive and Social Medicine. 9th edition. M/s. Banarasidas Bhanot. Jabalpur.
- 3) Gopalon. C. : Nutrition Foundation of India, Special Publication service.
- 4) Beghin, 1. Cap. M: Dujardan. B. : A Guide to Nutrition Status Assessment. W.H.O. Geneva.
- 5) Gopaldas, t. Seshadri, S. : Nutrition Monitoring a Assessment: Oxford University Press. 7. Mason, J. B., Habicht, J. P.; Tabatabai. H. Valverde. U.: Nutritional Surveillance, W.H.O.
- 6) Jelliffe, D. B. : Assessment of the Nutritional Status of the Community; World Health Organisation.

For FNTACOR09T:

1.Park: Park's Textbook of preventive and Social Medicine. 9th edition. M/s. Banarasidas Bhanot. Jabalpur.

For FNTACOR10T:

1. Anderson, L., Dibble, M.V., tukki, P.R., Mitchall, H.S., and Rynbergin H.J.: Nutrition in Health and Disease, 17th edition, J. B. Lipincott& Co. Philadelphia.

2. Anita F. P.: Clinical Dietetics and Nutrition, Second Edition, Oxford University Press, Delhi.

3. Mahan, L. K., Arlin, M. T.: Krause's Food, Nutrition and Diet Therapy. 8th edition, W. B. Saunders Company, London.

- 4. Williams. S. R.: Nutrition & Diet Therapy, 6th edition, Times Mirror/Mosby College Publishings, St. Louis.
- 5. Raheena, Begum: A textbook of food, nutrition and dietetics Sterling Publishers, New Delhi.

6. Joshi, S. A. : Nutrition and Dietetics, Tata McGraw Hill, Publications, New Delhi.

For FNTGCORO4T:

1. Anderson, L., Dibble, M.V., tukki, P.R., Mitchall, H.S., and Rynbergin H.J.: Nutrition in Health and Disease, 17th edition, J. B. Lipincott& Co. Philadelphia.

2. Anita F. P.: Clinical Dietetics and Nutrition, Second Edition, Oxford University Press, Delhi.

3. Mahan, L. K., Arlin, M. T.: Krause's Food, Nutrition and Diet Therapy. 8th edition, W. B. Saunders Company, London.

4. Williams. S. R.: Nutrition & Diet Therapy, 6th edition, Times Mirror/Mosby College Publishings, St. Louis.

5. Raheena, Begum: A textbook of food, nutrition and dietetics Sterling Publishers, New Delhi.

6. Joshi, S. A. : Nutrition and Dietetics, Tata McGraw Hill, Publications, New Delhi.

Prasanta Chandra MahalanobisMahavidyalaya

Lesson Plan- 2021-22

Semester VI Honors. & Programme Course

Name of the Department: _Food and Nutrition ____

Period	Hons/ Programme Course	Paper Name and Paper Code	Topics	Methods and materials	Methods of Evaluation	Number of classes allotted in hours	Name of the Teacher assigned
February- April	Hons	FNTACOR13T: FOOD PROCESSING AND FOOD TECHNOLOGY (THEORY)	 1.Food Storage and Spoilage Contamination and microorganisms in the spoilage of different kinds of foods and such as cereal and cereal products, vegetable and fruits, fish and other sea foods, meat and meat products, eggs and poultry, milk and products, canned foods. Classification of food based on pH, Food infection, food intoxication, definition of shelf life, perishable foods, shelf stable foods, Storage of different kinds of foods and such as cereal and cereal products, vegetable and 	Online class. Powerpoint Presentation and Lecture. E resources (E-PG path Sala) Study materials as pdf	Class assignment	10hrs	Dr. Tanima Paul Das

fruits fish and other see	
fruits, fish and other sea	
roous, meat and meat	
products, eggs and	
poulity, lillik and	
products, spices and	
canned toods.	
2 Food preservation	
2.1 oou preservation	12hrs
Definition objectives	12115
and principles of food	
preservation	
 Different methods of 	
food preservation :	
Freezing and	
Refrigeration	
Introduction to	
refrigeration. cool	
storage and freezing.	
definition, principle of	
freezing, freezing curve.	
changes occurring	
during freezing, types of	
freezing i.e. slow	
freezing, quick freezing,	
introduction to thawing,	
changes during thawing	
and its effect on food.	
Thermal Processing-	
Commercial heat	
preservation methods:	
Sterilization,	
commercial sterilization,	
Pasteurization, and	
blanching.	
 Drying and Dehydration 	
- Definition, drying as a	
means of preservation,	
differences between sun	
drying and dehydration	
(i.e. mechanical drying), heat and mass transfer	
fectors affecting rote of	
drying normal drying	
curve names of types of	
driers used in the food	
industry	
• Evaporation –	
Definition factors	
affecting evaporation.	
names of evaporators	
used in food industry	
Units of radiation. kinds	
of ionizing radiations	
used in food irradiation,	

FN FC PH AN TH (P	NTACOR13P: OOD ROCESSING ND FOOD ECHNOLOGY PRACTICAL)	 mechanism of action, uses of radiation processing in food industry, concept of cold sterilization. 1. Study on Blanching and Browning Process. 2. Preparation of Fruit preserves (Jam, Jelly). 	Offline hands on practical and visit to Food preservation	Class assignment, Evaluation of visit report	6hrs 6hrs	Dr. Tanima Paul Das
		s. Preparation of vegetable preserves.(Pickles)	unit		6hrs	
		4. Dehydrated Products – tray drying, sun drying etc. 5. Tomato Processing.			6hrs	
FN RI M G BI S(NTACOR14T: ESEARCH IETHODOLO Y AND IOSTATISTIC (THEORY)	 1.Sampling of data and analysis Variable, parameter, statistics. Frequency distribution. Cumulative frequency. Graphical presentation techniques including Histogram, Bar chart, Pie chart along with the concepts of frequency polygon. Mean, median, mode, Standard Deviation and Standard Error of mean 	Lecture method; Chalkboard, PDF books	Assignment	20hrs	Dr. Guddi Tiwary
FN RI M G ³ BI S()	NTACOR14P: ESEARCH IETHODOLO Y AND IOSTATISTIC IPRACTICAL)	1. Assignment for calculation of mean, median, mode.	Lecture method; Chalkboard, PDF books	Assignment	20hrs	Dr. Guddi Tiwary
FN FC BH M T	NTADSE04T: OOD & EVERAGE IANAGEMEN (THEORY)	 Introduction to Food Service Introduction to food service industry in India, factors contributing to the growth of food service industry, sectors of food service industry, food service operations, Kinds of food service establishments, environmental factors influencing food service 	Lecture method; Chalkboard, power point presentation and e- resources available on SWAYAM (Inflibnet Centre); E- PG Pathshala, Egyankosh;	Assignment	20hrs	Ms. Juthi Saha

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			operations, styles of food service				
		FNTADSE04P: FOOD & BEVERAGE MANAGEMEN T (PRACTICAL)	Planning of A Food Service Unit : Preliminary Planning, Survey of types of units, identifying clientele, menu, operations and delivery	PDF, Lecture and Visit to food and beverage establishme nt	Assignment	25hrs	
	-	FNTADSE05T: DAIRY TECHNOLOGY	IntroductionStatus of dairy industry	Powerpoint presentation , Lecture	Class assignments	2hrs	Dr. Priyadars hini
		(THEORY)	 Physical properties of milk 	Chalk board, Study matorial		10hrs	rty
			• Color, taste, pH and buffering capacity, refractive index, viscosity, surface tension, freezing, boiling point, specific heat, OR, electrical conductivity.	machai		4hrs	
			• Lactose Lactose (alpha and beta forms and their differences) Significances of lactose in dairy industry.				
		FNTADSE05P: DAIRY TECHNOLOGY (PRACTICAL)	1. To perform platform tests in milk.(Acidity,COB,MB RT,specificgravity,SNF)	Offline hands on practical and visit to		10hrs	Dr. Priyadars hini Chakrabo
			2. To estimate milk protein by Folin method.	Industry		6hrs	ity
			3. To estimate milk fat by Gerber method.			6hrs	
Pro Co	ogramme ourse	FNTGDSE03T- FOOD COMMODITIE S(THEORY)	 Perishable Food Commodities Milk, Meat, Fish, Egg and Poultry- Introduction, composition, types, processing, products, uses in Indian cookery. 	Lecture method; Chalkboard, PDF books	Class assignment.	16hrs	Dr. Guddi Tiwary
			2. Semi Perishable Food Commodities			16hrs	

		FNTGDSE03P- FOOD COMMODITIE S(PRACTICAL)	Fruits and Vegetable, Fats and Oils- Introduction, composition, types, processing, products, uses in Indian cookery. Project formulation and presentation of project in a seminar (especially on the market survey of food commodities).	Lecture method; Chalkboard, PDF books, Hands on training via market survey	Class assignment. Evaluation of market survey report Assignment	20hrs	Dr. Guddi Tiwary
May-June	Hons	FNTACOR13T: FOOD PROCESSING AND FOOD TECHNOLOGY (THEORY)	 Preserved Products Jam, Jelly, Marmalade, Sauces, Pickles, Squashes, Syrups types, composition and manufacture, selection, cost, storage, uses and nutritional aspects. 2.Food Adulteration Definition, Classification, Different types of adulterants 	Online class. Powerpoint Presentation and Lecture. E resources (E-PG path Sala) Study materials as pdf	Class assignment	13hrs 5hrs	Dr. Tanima Paul Das
		FNTACOR13P: FOOD PROCESSING AND FOOD TECHNOLOGY (PRACTICAL)	 Tomato Processing. Fruit Pulping/Juice/Beverages production. Preparation and Standardization of Traditional Indian Fermented Food. Visit to Food Processing and Preservation unit. Detection of Adulterants in common Food Stuffs like Milk, Oil, Laddu, Turmeric etc 	Offline hands on practical and visit to Food preservation unit	Class assignment, Evaluation of visit report	4hrs 4hrs 4hrs 6hrs 10hrs	Dr. Tanima Paul Das
		FNTACOR14T: RESEARCH METHODOLO GY AND BIOSTATISTIC S(THEORY)	 1.Preparation of report a. Graphical and diagrammatic presentation. b. Interpretation of – Meaning of 	Lecture method, Chalkboard , PDF Books	Assessment	20hrs	Dr. Guddi Tiwary

	FNTACOR14P: RESEARCH METHODOLO GY AND BIOSTATISTIC S(PRACTICAL)	interpretation, Technique of interpretation, c. Precaution in interpretation- Interpretation of tables and figures. d. Report writing – Significance of report writing, Steps in writing report, Types of reports 1. Assignment for calculation of standard deviation, standard error of mean and students''t' test with provided data.	PDF, Chalkboard, Lecture method	Assessment	25hrs	Dr. Guddi Tiwary
	FNTADSE04T: FOOD & BEVERAGE MANAGEMEN T (THEORY)	 1.Food Production & Menu Planning Food production methods, food production process, cooking methods ,Menu planning: Importance of menu, Factors affecting menu planning, Menu planning for different kinds of food service units , Food Purchase and Storage, Quantity Food production: Standardization of recipes, quantity food preparation - techniques, recipe adjustments and portion control ,Hygiene and Sanitation 	Lecture method; Chalkboard, power point presentation and e- resources available on SWAYAM (Inflibnet Centre); E- PG Pathshala, Egyankosh;	Assignment	25hrs	Juthi Saha
	FNTADSE04P: FOOD & BEVERAGE MANAGEMEN T (PRACTICAL)	Planning the set up a) Identifying resources b) Developing Project plan c) Determining investments d) Project Proposal.	Offline hands on practical and visit to Food and beverage institution	Assignment	25hrs	Juthi Saha
	FNTADSE05T: DAIRY TECHNOLOGY (THEORY)	 Milk fat Composition and structure, factors affecting melting point, boiling point, solubility and Refractive Index, fat constants (saponification value, iodine value, RM value, Polenske value, 	PDF of study material, Chalkboard, Lecture method, E- books	Class assignments	10hrs	Dr. Priyadsrhi ni Chakrabo rty

Programme FNTADSE05: DARY TECTINOLOGY (PRACTICAL) 1. Non Perishable Food calculation system or comparison of milk. Offline protein, different types of case in and serum protein, different types processing, protuces, substitution in different types processing, products, use in in land an consery. Offline provent different types processing, products, use in in dina cookery. Assignment flors Dr. Guddi Twary Image: Protein different composition, types, processing, products, use in in dian cookery. Image: Assignment provent different provent different types processing, products, use in in dian cookery. Poster making, Chalk board, Lecture Assignment provent different processing, products, use in in dian cookery. Dr. Guddi Twary							1
Programme CourseFNTGDSE03T- FOOD COMMODITIE S(THEORY)I.Non Perishable Food Commoditiesstudy material, Chalkboard, Lecture methodAssignment material, Chalkboard, Lecture method16hrsDr. Guddi TiwaryProgramme CourseFNTGDSE03T- FOOD COMMODITIE S(THEORY)1.Non Perishable Food Commoditiesstudy material, Chalkboard, Lecture methodstudy material, Chalkboard, Lecture method16hrsDr. Guddi TiwaryImage: Signal study Processing, products, uses in Indian cookery.1.Study spices-Introduction, composition, types, processing, products, uses in Indian cookery.study material, Chalkboard, Lecture method16hrsDr. Guddi TiwaryFNTGDSE03F- FOOD COMMODITIEFree spice formulation and presentation of project in a seminar (especially on the market survey of fod board, lecture,Poster making, Chalk board, lecture,Assignment a seminar (especially on the market survey of fod board, lecture,20hrsDr. Guddi Tiwary		FNTADSE05P:	 peroxide value). Chemical reactions of fat (hydrolysis, auto- oxidation), condition favouring auto- oxidation, prevention, measurement of auto- oxidation. 2. Protein and Enzymes General structure, amphoteric nature, difference between casein and serum protein, different types of casein (acid and rennet), uses of casein, fractionation of protein. Enzymes- catalase, alkaline phosphatase, lipases and proteases. 1. Preparation of flavoured mills 	Offline banda ar	Assignments	10hrs 6hrs	Dr.
TECHNOLOGY (PRACTICAL)Pasteurization of milk. 2. To prepare casein and calculate its yield.practicalni Chakrabo rtyProgramme CourseFNTGDSE03T- FOOD COMMODITHE S(THEORY)I.Non Perishable Food Commoditiesstudy material, Chalkboard, Legumes, Oil seeds and spices-Introduction, composition, types, processing, products, uses in Indian cookery.study material, Chalkboard, Legumes, Oil seeds and spices-Introduction, composition, types, processing, cost and nutritional aspects, other beverages. Arrated beverages, juices.study material, Chalkboard, Legumes, Oil seeds and spices-Introduction, composition, types, processing, cost and nutritional aspects, other beverages, fuices.10hrsDr. Guddi TiwaryFNTGDSE03P- FOOD COMMODITIEFNTGDSE03P- Project formulation and presentation of project in a seminar (especially on the market survey of food board, lecture,Poster making, Chalk board, lecture,Assignment Assignment20hrsFNTGDSE03P- FOOD COMMODITIEProject formulation and presentation of project in a seminar (especially on the market survey of food lecture,Poster making, Chalk lecture,Assignment Assignment20hrs		DAIRY	flavoured milk/.	hands on			Priyadsrhi
Programme CourseFNTGDSE03T- FOOD COMMODITIE S(THEORY)I.Non Perishable Food Commoditesstudy material, Chalkboard, Lecture methodAssignment netrial, Chalkboard, Lecture method16hrsDr. Guddi TiwaryProgramme CourseFNTGDSE03T- FOOD COMMODITIE S(THEORY)I.Non Perishable Food Commoditesstudy material, Chalkboard, Lecture methodAssignment netrial, Chalkboard, Lecture method16hrsDr. Guddi TiwaryProgramme CourseFNTGDSE03T- FOOD COMMODITIE S(THEORY)I.Son Perishable Food CommoditesStudy material, Chalkboard, Lecture methodAssignment netrich the secture method16hrsDr. Guddi TiwaryProgramme S(THEORY)For Careals, Pulses, Legumes, Oil seeds and spices-Introduction, composition, types, processing, products, uses in Indian cookery.Study material, Chalkboard, Lecture methodAssignment all firs16hrsDr. Guddi TiwaryProcessing, cost and nutritional aspects, other beverages, Acrated beverages, juices.Poster making, ChalkAssignment making, Chalk20hrsDr. Guddi Tiwary		TECHNOLOGY	Pasteurization of milk.	practical			ni Chelerate
Programme CourseFNTGDSE03T- FOOD COMMODITIEI. Non Perishable Food 		(PKAUTICAL)	2. To prepare case in and				chakrabo rtv
Programme CourseFNTGDSE03T- FOOD COMMODITIE 			calculate its yield.			6hrs	113
Programme CourseFNTGDSE03T- FOOD COMMODITIE S(THEORY)1. Non Perishable Food Commoditiesstudy material, Chalkboard, Lecture methodAssignment16hrsDr. Guddi Tiwary0Commodities. Cereals, Pulses, Legumes, Oil seeds and spices-Introduction, composition, types, processing, products, uses in Indian cookery Cereals, Pulses, Lecture methodAssignment16hrsDr. Guddi Tiwary1. Cereals, Pulses, Legumes, Oil seeds and spices-Introduction, composition, types, processing, products, uses in Indian cookery Cereals, Pulses, Lecture method. Lecture method12hrs12hrs1. Tea; Coffee. Chocolate and Cocoa Powder- Processing, cost and nutritional aspects, other beverages-Aerated beverages-Aerated beverages, juices Poster making, ChalkAssignment Assignment20hrsDr. Guddi TiwaryFNTGDSE03P- FOOD COMMODITIE S(PRACTICAL)Project formulation and presentation of project in a seminar (especially on the market survey of fod commodities)Poster making, ChalkAssignment Assignment20hrs			, ·			6hrs	
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Image: constraint of the second sec			industry.16				
Course FOOD COMMODITIE S(THEORY) I.ton retristator frood Commodities study material, Chalkboard, Lecture method Assignment Tons Dr. Guddi Tiwary 2.Beverages 2.Beverages 12hrs 12hrs 12hrs 12hrs FNTGDSE03P- FOOD Tea; Coffee. Chocolate and Cocoa Powder- Processing, cost and nutritional aspects, other beverages. Acrated beverages. juices. Poster making, COMMODITIE S(PRACTICAL) Poster a seminar (especially on commodities). Assignment making, Column 20hrs Dr. Guddi Tiwary	 Drogramma	ENTC DSEA2T	1 Non Dorishahla Food	etudy	Assignment	16hrc	Dr. Guddi
2. Beverages12hrs• Tea; Coffee. Chocolate and Cocoa Powder- Processing, cost and nutritional aspects, other beverages-Aerated beverages, juices.12hrsFNTGDSE03P- FOOD COMMODITIE S(PRACTICAL)Project formulation and presentation of project in a seminar (especially on the market survey of food lecture,Poster making, ChalkAssignment Dr. Guddi Tiwary	Course	FOOD COMMODITIE S(THEORY)	 Commodities Cereals, Pulses, Legumes, Oil seeds and spices-Introduction, composition, types, processing, products, uses in Indian cookery. 	material, Chalkboard, Lecture method	- Assignment	10113	Tiwary
 Tea; Coffee. Chocolate and Cocoa Powder- Processing, cost and nutritional aspects, other beverages. Aerated beverages, juices. FNTGDSE03P- FOOD FNTGDSE03P- FOOD Project formulation and presentation of project in making, COMMODITIE S(PRACTICAL) the market survey of food commodities). Lecture, <li< th=""><th></th><th></th><th>2. Beverages</th><th></th><th></th><th>12hrs</th><th></th></li<>			2. Beverages			12hrs	
FNTGDSE03P- FOOD COMMODITIE S(PRACTICAL)Project formulation and presentation of project in a seminar (especially on the market survey of food commodities).Poster making, ChalkAssignment Lost20hrsDr. Guddi Tiwary			• Tea; Coffee. Chocolate and Cocoa Powder- Processing, cost and nutritional aspects, other beverages-Aerated beverages, juices.				
FOODpresentation of project in presentation of project in a seminar (especially on the market survey of food commodities).making, ChalkDr. Guddi Tiwary		FNTGDSE03P-	Project formulation and	Poster	Assignment	20hrs	D= C-11
S(PRACTICAL) a seminal (especially on chark Final (especially on chark final (especially on chark board, commodities). lecture,		FUUD Commoditie	presentation of project in	making,			Dr. Guddi Tiwary
commodities).		S(PRACTICAL)	the market survey of food	board.			iiwaiy
			commodities).	lecture,			

		power point presentation		

For FNTACOR13T:

1.Subalakshmi, G and Udipi (2001), S.A. Food processing and preservation; New Age International Publishers, New Delhi.

2. Srilakshmi, B. (2003), Food Science. New Age International Publishers, New Delhi.

3. Potter, N.N. and Hotchkiss J. H. (1996), Food Science. CBS publishers and distributors.

4. Srivastava, R.P.O. and Kumar, S. (1994) Fruit and vegetable preservation, International Book distribution Company, Lucknow.

5. MC Williams, M and Paine, H. (1994), Modern Food preservation. Surject Publications, Delhi.

6. Cruess, W.V.(1997), Commercial Fruits and Vegetable Products, Anees Offset press, New Delhi.

For FNTACOR14T:

- 1. Kothari C R(2004) Research Methodology, Methods & Techniques, 2nd Edi. New Age International Publishers.
- 2. Mahanjan BK (2010) Methods in Biostatistics, 7th Edi, Jaypee Brothers Medical Publishers (P) LTD.
- 3. Gun AM, Gupta MK, DasGupta b. (2008). Fundamentals of Statistics, 8th Edi, World press.
- 4. Malhotra OP, Gupta SK (1990) Elementary Statistics , 5th edi., S chand and Company.

For FNTADSE04T:

- 1. West B Bessie & Wood Levelle (1988) Food Service in Institutions 6th Edition Revised By Hargar FV, Shuggart SG, & Palgne Palacio June, Macmillan Publishing Company New York.
- 2. Sethi Mohini (2005) Institution Food Management New Age International Publishers
- Knight J B &Kotschevar LH (2000) Quantity Food Production Planning & Management 3rd edition John Wiley & Sons
- 4. Philip E Thangam (2008) Modern Cookery for teaching and Trade Part I & II Orient Longmam
- 5. Taneja S and Gupta SL (2001) Enterpreneurship development, Galgotia Publishing

For FNTADSE05T:

- 1. Webb and Johnson (1988), Fundamentals of Dairy Chemistry, 3rd ed., CBS Publishers, New Delhi.
- 2. Pieter Walstra Jan T. M. Wouters Tom J. Geurts (2006), Dairy Science and Technology, Second Edition, CRC Press, Tayor and Francis group.
- **3.** M.P.Mathur, D.D.Roy & P.Dinakar (2008), Textbook of Dairy Chemistry, Published by ICAR.

For FNTGDSE03T:

 Manay NS, Shadaksharaswamy M. (2008) Foods facts and Principles, 3rd edi., New Age International (p) limited, publishers.

Prasanta Chandra Mahalanobis Mahavidyalaya

Lesson Plan- 2021-22

Semester II Honors. & Programme Course

Name of the Department: <u>MATHEMATICS</u>

Period	Hons/	Paper	Topics	Methods	Methods	Numbe	Name of the
	Programme	Name and	-	and	of	r of	Teacher
	Course	Paper Code		materials	Evaluation	classes	assigned
		T				allotted	9
						in	
						hours	
March-	Hons	03T	Review of	Chalk and	Assignment	18	Mrs
Anril	110115.	0.51	Algebraic and	Duster PDF	rissignment	10	NehaGhorui
. ipin			order properties of	Dubion, 1 DI			(Mundhra)
			R. e-				(110110110)
			neighborhood.				
			countable sets.				
			Uncountable sets.				
			Bounded above				
			sets, Bounded				
			below sets,				
			Unbounded sets,				
			Supremum,				
			Infimum,				
			Completeness				
			Property of R and				
			it's Properties.				
		03T	Sequences,	Chalk and	Assignment	20	Ms. Piyali
			Bounded and	Duster, PDF			Saha
			Convergent				
			Sequence, limit of				
			a sequence, lim				
			inf, lim sup, limit				
			theorems,				
			Monotone				
			Sequences,				
			Monotone				
			Convergent				
			Theorem.				
			Subsequences,				
			Divergence				
			criteria. Monotone				
			Subsequent				
			I neorem, Bolzano				
			w eierstrass				
			theorem for				

	sequences, Cauchy sequence, Cauchy's Convergence Criterion, Infinite series its Convergence and Divergence. Cauchy Criterion.				
04T	Lipschitz condition & Picard's theorem. General solution of homogeneous equation of second order, Homogeneous equation. Wronskian properties and applications. Linear Homogeneous, non- Homogeneous, Equations of Higher Order with Constant Coefficients. Euler's Equation, Method of Undetermined Coefficients, Euler's Equation, Method of Variation of Parameters, System of linear Differential Equation, Types of Linear Systems, Differential Operators, an Operator Method for Linear Systems with Constant Coefficients: Two equations in two unknown functions	Chalk and Duster, PDF	Assignment	20	Dr. Trisha Maitra

	04T	Triple product, Introduction to vector functions, operations with vector valued functions.	Chalk and Duster, PDF	Assignment	15	Mrs. NehaGhorui (Mundhra)
Programme Course	02T	First Order differential Equations, Integrating Factors, rules to find an integrating factor, First Order higher degree equations sovable for x, y, p. Methods for solving higher- order differential equations.	Chalk and Duster, PDF	Assignment	17	Mrs. NehaGhorui(Mundhra)
	02T	Linear Homogeneous Equations with Constant Coefficients, Linear non- homogeneous equations. The method of variation of parameters. Cauchy- Euler equations	Chalk and Duster, PDF	Assignment	17	Dr. Trisha Maitra
	02T	Order and degree of partial Differential Equations, Concept of Linear and non- Linear Partial Differential Equations, Formation of first order partial differential equations, Linear partial differential equation of first order	Chalk and Duster, PDF	Assignment	17	Ms. Piyali Saha

May- June	Hons.	03T	Archimedian property, Density of Rational and Irrational Numbers in R, Intervals, Limit points of a set, Isolated point	Chalk and Duster, PDF	Assignment	22	Mrs. NehaGhorui(Mundhra)
			Open set, Closed set, Derived set, Bolzano Weirstrass Theorem, Compact sets inR, Heine Borel Theorem.				
		03T	Tests for Convergence: Comparison test, Limit Comparison test, Ratio Test, Cauchy's nth root test, Integral test, Alternating series, Leibniz test, Absolute and Conditional Convergence	Chalk and Duster, PDF	Assignment	15	Ms. Piyali Saha
		04T	Equillibrium Points, Interpretation of the phase plane, Power Series Solution of a Differential Equation about an Ordinary Point, Solution about a Regular Singular Point.	Chalk and Duster, PDF	Assignment	20	Dr. Trisha Maitra
		04T	Limits and continuity of a vector valued function, differentiation and integration of vector function	Chalk and Duster, PDF	Assignment	20	Mrs. NehaGhorui(Mundhra)
	Programme Course	02T	Basic theory of Linear Differential Equations,	Chalk and Duster, PDF	Assignment	8	Mrs. NehaGhorui(Mundhra)

		Wronskian and it's properties.				
	02T	Simultaneous Differential Equations, Total Differential Equations	Chalk and Duster, PDF	Assignment	8	Dr. Trisha Maitra
	02T	Lagrange's & Charpit's Method. Classification of second order partial differential equations into elliptic, parabolic and hyperbolic.	Chalk and Duster, PDF	Assignment	8	Ms. Piyali Saha

- S. K. Mapa, Real Analysis
- Tom M. Apostol, Mathematical Analysis, Narosa Publishing House
- W. Rudin, Principles of Mathematical Analysis, Tata McGraw-Hill
- Murray, D., Introductory Course in Differential Equations, Longmans Green and Co.
- Maity, K. C. and Ghosh, R.K., Vector Analysis, New Central Book Agency (P) Ltd. Kolkata (India)
- S. L. Ross, Differential Equations, 3rd Ed., John Wiley and Sons, India 2004

Programme Course:

- Shepley L. Ross, Differential Equations, 3rd Ed., John Wiley and Sons, 1984.
- Differential Calculus, B. C. Das and B. N. Mukherjee

Prasanta Chandra Mahalanobis Mahavidyalaya

Lesson Plan- 2021-22

Semester IV Honors. & Programme Course

Name of the Department: <u>MATHEMATICS</u>

Period	Hons/ Programmo	Paper Namo	Topics	Methods	Methods	Number	Name of the
	Course	and		materials	Evaluation	classes	i cachei assigneu
		Paper				allotted	
		Code				in hours	
March- April	Hons	08T	Riemann integration: inequalities of upper and lower sums, Darbaux integration, Darbaux theorem, Riemann conditions of integrability, Riemann sum and definition of Riemann integral through Riemann sums, equivalence of two Definitions.Riemann integrability of monotone and continuous functions, Properties of the Riemann integral; definition and integrability of piecewise continuous and monotone functions. Intermediate Value theorem for Integrals, Fundamental theorem of Integral Calculus.Improper	Chalk and Duster, PDF	Assignment	45	Ms. Piyali Saha
			integrals, Convergence of Beta and Gamma functions.				
		09T	Functions of several variables, limit and continuity of functions of two or more variables Partial differentiation, total differentiability and differentiability, sufficient condition for differentiability. Chain rule for one and two independent	Chalk and Duster, PDF	Assignment	45	Mrs. Neha Ghorui(Mundhra)

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			derivatives, the				
			gradient, maximal and				
			normal property of				
			gradient, tangent				
			planes. Extrema of				
			functions of two				
			variables method of				
			I agrange multipliers				
			constrained				
			ontimization problems				
		107	Definition and	C1 11 1	A	15	De Tricke Maiter
		101	Definition and	Chaik and	Assignment	45	Dr. Trisna Mattra
			examples of rings,	Duster, PDF			
			properties of rings,				
			subrings, integral				
			domains and fields,				
			characteristic of a ring.				
			Ideal, ideal generated				
			by a subset of a ring,				
			factor rings, operations				
			on ideals, prime and				
			maximal ideals. Ring				
			homomorphisms,				
			properties of ring				
			homomorphisms.				
			Isomorphism theorems				
			I II and III field of				
			quotients Vector				
			spaces subspaces				
			spaces, subspaces,				
			algebra of subspaces,				
			quotient spaces, finear				
			combination of				
			vectors, linear span,				
			linear independence,				
			basis and dimension,				
			dimension of				
			subspaces.				
		SEC	Introduction,	Chalk and	Assignment	15	Ms. Piyali Saha
		(02M)	propositions, truth	Duster, PDF			
			table, negation,				
			conjunction and				
			disjunction.				
			Implications,				
			biconditional				
			propositions, converse,				
			contra positive and				
			inverse propositions				
			and precedence of				
			logical operators				
			Propositional				
			acuivalance: Logical				
			equivalence: Logical				
1	1	1	equivalences.	1	1		

		Predicates and				
		quantifiers:				
		Introduction				
		Quantifiers Binding				
		variables and				
		Negations				
Programme	(C04T)	Fauivalence relations	Chalk and	Assignment	42	Dr. Trisha Maitra &
Course	(0041)	and partitions	Duster PDF	rissignment	72	Mrs. Neba Ghorui
Course		Functions	Duster, I DI			(Mundhra)
		Composition of				(ivialiana)
		functions Invertible				
		functions. One to one				
		correspondence and				
		cardinality of a set				
		Definition and				
		examples of groups				
		examples of abelian				
		and non-abelian				
		groups the group Zn				
		of integers under				
		addition modulo n and				
		the group $U(n)$ of units				
		under multiplication				
		modulo n.Cvclic				
		groups from number				
		systems complex				
		roots of unity, circle				
		group, the general				
		linear group GLn(n,R).				
		groups of symmetries				
		of (i) an isosceles				
		triangle. (ii) an				
		equilateral triangle.(iii)				
		a rectangle, and (iv) a				
		square, the				
		permutation group				
		Sym (n), Group of				
		quaternions.				
		Subgroups, cyclic				
		subgroups, the concept				
		of a subgroup				
		generated by a subset				
		and the commutator				
		subgroup of group,				
		examples of subgroups				
		including the center of				
		a group. Cosets, Index				
		of subgroup,				
		Lagrange's theorem,				
		order of an element,				
		Normal subgroups:				

			(1 : 1 C: :/:				
			their definition,				
			examples, and				
			characterizations,				
			Quotient groups.				
May-	Hons	081	Pointwise and uniform	Chalk and	Assignment	30	Ms. Piyali Saha
June			convergence of	Duster, PDF			
			sequence of functions.				
			Theorems on				
			continuity, derivability				
			and integrability of the				
			limit function of a				
			sequence of functions.				
			Series of functions,				
			Theorems on the				
			continuity and				
			derivability of the sum				
			function of a series of				
			functions; Cauchy				
			criterion for uniform				
			convergence and				
			Weierstrass M-Test.				
			Fourier series:				
			Definition of Fourier				
			coefficients and series,				
			Reimann Lebesgue				
			lemma, Bessel's				
			inequality, Parseval's				
			identity, Dirichlet's				
			condition. Power				
			series, radius of				
			convergence, Cauchy				
			Hadamard Theorem.				
			Differentiation and				
			integration of power				
			series; Abel's				
			Theorem; Weierstrass				
			Approximation				
			Theorem.	~		20	
		09T	Double integration	Chalk and	Assignment	30	Mrs. Neha Ghorui
			over rectangular	Duster, PDF			(Mundhra)
			region, double				
			integration over non-				
			rectangular region,				
			Double integrals in				
			polar co-ordinates,				
			I riple integrals, Triple				
			integral over a				
			parallelepiped and				
			solid regions. Volume				
			by triple integrals,				
			cvlindrical and				

	1					
		spherical coordinates.				
		Change of variables in				
		double integrals and				
		triple				
		integrals.Definition of				
		vector field,				
		divergence and curl.				
		Line integrals,				
		Applications of line				
		integrals: Mass and				
		Work. Fundamental				
		theorem for line				
		integrals, conservative				
		vector fields,				
		independence of				
		path.Green's theorem,				
		surface integrals,				
		integrals over				
		parametrically defined				
		surfaces. Stoke's				
		theorem, The				
		Divergence theorem.				
	10T	Introduction to linear	Chalk and	Assignment	30	Dr. Trisha Maitra
		transformations,	Duster, PDF			
		Subspaces, dimension				
		of subspaces, null				
		space, range, rank and				
		nullity of a linear				
		transformation, matrix				
		representation of a				
		linear transformation,				
		algebra of linear				
		transformations.				
		Isomorphisms.				
		Isomorphism				
		theorems, invertibility				
		and isomorphisms,				
		change of coordinate				
	GEG	matrix.	<u>C1 11 1</u>	A .	10	M D' 1'C 1
	SEC	Sets, subsets, Set	Chark and	Assignment	10	wis. Piyali Sana
	(UZIVI)	operations and the	Duster, PDF			
		laws of set theory and				
		Venn diagrams.				
		Examples of finite and				
		infinite sets. Finite				
		sets and counting				
		principle. Empty set,				
		properties of empty				
		set. Standard set				
		operations. Classes of				

		sets. Power set of a				
		set.Difference and				
		Symmetric difference				
		of two sets. Set				
		identities, Generalized				
		union and				
		intersections.				
		Relation: Product set.				
		Composition of				
		relations, Types of				
		relations, Partitions,				
		Equivalence Relations				
		with example of				
		congruence modulo				
		relation. Partial				
		ordering relations, n-				
		ary relations.				
Programme	(C04T)	Definition and	Chalk and	Assignment	33	Dr. Trisha Maitra &
Course		examples of rings,	Duster, PDF			Mrs. Neha Ghorui
		examples of				(Mundhra)
		commutative and non-				
		commutative rings:				
		rings from number				
		systems, Zn the ring of				
		integers modulo n,				
		ring of real				
		quaternions, rings of				
		rings and rings of				
		continuous functions				
		Subrings and ideals				
		Integral domains and				
		fields, examples of				
		fields: Zp, Q, R, and				
		C. Field of rational				
		functions.				

Hons:

1. K.A. Ross, Elementary Analysis, The Theory of Calculus, Undergraduate Texts in Mathematics, Springer

2. R.G. Bartle and D.R. Sherbert, Introduction to Real Analysis, 3rd Ed., John Wiley and Sons (Asia) Pvt.

3. G.B. Thomas and R.L. Finney, Calculus, 9th Ed., Pearson Education, Delhi, 2005.

4. M.J. Strauss, G.L. Bradley and K. J. Smith, Calculus, 3rd Ed., Dorling Kindersley (India) Pvt. Ltd.

5. M. Artin, Abstract Algebra, 2nd Ed., Pearson, 2011.

6. Stephen H. Friedberg, Arnold J. Insel, Lawrence E. Spence, Linear Algebra, 4th Ed., Prentice- Hall of India

Programme Course:

1.M. Artin, Abstract Algebra, 2nd Ed., Pearson, 2011.

2. Joseph A Gallian, Contemporary Abstract Algebra, 4th Ed., Narosa, 1999.

3. George E Andrews, Number Theory, Hindustan Publishing Corporation, 1984

Prasanta Chandra Mahalanobis Mahavidyalaya

Lesson Plan- 2021-22

Semester VI Honors. & Programme Course

Name of the Department: <u>MATHEMATICS</u>

Period	Hons/ Programme Course	Paper Name and Paper Code	Topics	Methods and materials	Methods of Evaluation	Number of classes allotted in hours	Name of the Teacher assigned
February- April	Hons	13T	Definition and example of Metric Space, open and closed set, dense set, separable space, Complete Metric space, Cantor's theorem Continuity, Connectedness, Compactness, Homeomorphism Limit, continuity and	Chalk and board, Pdf for reference	Assignment, Presentation	55	Ms. Piyali Saha

		differentiability of complex variable				
	14T	Polynomial rings, PID, UFD, ED Dual space, dual basis, Eigen space of Linear operator	Chalk and board, Pdf for reference	Assignment, Presentation	55	Dr. Trisha Maitra
	DSE (04T)	General properties of polynomials, General properties of equation, Descarte's rule of signs Cardon's method, Ferrari's method	Chalk and board, Pdf for reference	Assignment, Presentation	55	Mrs. NehaGhorui(Mundhra)
	DSE (05T)	Basic properties of ordered sets, duality principle, lattice, sublattice, products, homomorphism Distributive lattice, Boolean algebras, Boolean polynomials, Quinn-McClusey method, Karnaugh diagrams, Logic Gates, Switching circuits Alphabet, Srings, Languages, Finite Automata and Regular Languages	Chalk and board, Pdf for reference	Assignment, Presentation	55	Ms. PiyaliSaha and Dr. Trisha Maitra
Progra Course	e DSE (04T)	Languages Linear Programing Problem, Graphical approach, Simplex Method,	Chalk and board, Pdf for reference	Assignment	55	Mrs. Neha Ghorui(Mundhra)

r	L	1					
			two-phase method, Big-M method				
		SEC (02M)	Proposition, truth table, conjunction and disjunction, logical operators, Propositional equivalence	Chalk and board, Pdf for reference	Assignment	20	Ms. PiyaliSaha
			Set operations and Venn diagrams, Counting principles, Classes of sets				
May-June	Hons	13T	Analytic function, Contour Integration,	Chalk and board, Pdf for reference	Assignment, Presentation	35	Ms. PiyaliSaha
			Liouville's Theorem, Laurent Series				
		14T	Inner product space, Gramm- Schmidt orthogonalisation, Normal and self adjoint operators, Orthogonal projection	Chalk and board, Pdf for reference	Assignment, Presentation	35	Dr. Trisha Maitra
		DSE (04T)	Symmetric functions of roots, Newton's theorem	Chalk and board, Pdf for reference	Assignment, Presentation	35	Mrs. Neha Ghorui(Mundhra)
			Separation of the roots of equations, Strum's theorem, Solution of numerical equations				
		DSE (05T)	Context Free Grammers and Pushdown Automata	Chalk and board, Pdf for reference	Assignment, Presentation	35	Ms. Piyali Saha and Dr. Trisha Maitra

		Turing Machines Undecidability				
Programme Course	DSE (04T)	Duality, primal- dual relationship, sensitivity analysis	Chalk and board, Pdf for reference	Assignment	35	Mrs. Neha Ghorui(Mundhra)
	SEC (02M)	Difference and Symmetric difference of sets, Product set, Composition of relations, equivalence relations, Partial order relations	Chalk and board, Pdf for reference	Assignment	15	Ms. Piyali Saha

Hons:

- S. Kumarsean, Topology of Metric Space, 2nd Ed, Narosa Publishing House, 2011
- S. Ponnusamy, Foundations of omplex Analysis, Alpha Science International, 2005.
- M. Artin, Abstract Algebra, 2nd Ed., Pearson, 2011.
- Joseph A. Gallian, Contemporary Abstract Algebra, 4th Ed., Narosa Publishing House, 1999.
- C. C. MacDuffee, Theory of Equations, John Wiley & Sons Inc., 1954.
- S. K. Mapa, Classical Algebra
- B A. Davey and H. A. Priestley, Introduction to Lattices and Order, Cambridge University Press, Cambridge, 1990.
- J.A. Anderson, Automata Theory with Modern Applications, Cambridge University Press, 2006.
- Rudolf Lidl and Günter Pilz, Applied Abstract Algebra, 2nd Ed., Undergraduate Texts in Mathematics, Springer (SIE), Indian reprint, 2004.
- Edgar G. Goodaire and Michael M. Parmenter, Discrete Mathematics with Graph Theory, (2nd Ed.), Pearson Education (Singapore) P.Ltd., Indian Reprint 2003.

Programme Course:

- S. K. Mapa, Higher Algebra: Abstract and Linear
- P.R. Halmos, Naive Set Theory, Springer, 1974